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WR Play in the Gun T

Goals

We want to use our athletes in ways they can succeed

- If we have two talented WR's we want to have multiple way to develop them
- If we have more of a "running back" or athlete at "A" we want to use him in the screen/run game
- Adjust to their ability with choices of routes in the passing game

We do have some base drills and rules we will use EVERY year that do not change

The following drills are drills we would run all skill players through – specifically WR's

WR Daily Drills

Goals of our drills

- 1) Catch as many balls as possible from angles we will catch in a game
- 2) Work only routes we will run in a game, and become great at them
- 3) Blocking drills that translate

WR Daily Drills

Ball Drills

Our major goals for ball drills are simple:

- 1) Catch balls from the angle we will see in a game.
- 2) Don't kill our WR's with a ton of routes to work on catching a ball
- 3) Work with "partners" so we understand how to create space

WR Daily Drills

Ball Drills

We attempt to squeeze in as many of these in a 5 minute period as possible

- 1) High point catch
- 2) Over the shoulder catch
- 3) Coming back to the ball from a break
- 4) Out routes

High Point



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***FIND
AWAY***

Cut and Crossing



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***FIND
AWAY***

Cut and Over Shoulder



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***FIND
AWAY***

Cut and Over Shoulder



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***FIND
AWAY***

Cut and Back Shoulder



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***FIND
AWAY***

Partner Contest



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***FIND
AWAY***

Partner Contest



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***FIND
AWAY***

Partner Over Shoulder



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***FIND
AWAY***

Partner Over Shoulder



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***FIND
AWAY***

Partner Back Shoulder



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***FIND
AWAY***

Partner Hitch



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***FIND
AWAY***

WR Daily Drills

Routes

We usually will pick one route per day to work

WR Daily Drills

Routes

We usually will pick one route per day to work

WR Daily Drills

Blocking

We have two main types of blocks we ask our WR's to perform:

- 1) Stalk (usually for a screen)
- 2) Crack – for our jet sweep or outside run game

WR Daily Drills

Stalk Drills



Coach: Gives direction
when to come up field

WR Daily Drills

Stalk Drills



Coach: Gives direction when and where to come up field

WR Daily Drills

Blocking

Crack Blocking – We pair them up with Linemen to teach the angles

The goal is the up-field hip, but do not chase players

WR Daily Drills



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**FIND
AWAY**



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